

**Booklet: Maya, Goddess Rites for Solo Use**  
**by Olivia Robertson**

**5. Rite of Good Health**

Good health is an outward expression of our souls. Although it is usually necessary to deal with physical problems - say, setting a broken leg - by material means, the prevention of illness comes about through soul level. Life Force may be conducted by a Healer into the aura of a patient: but in verity the "patient" needs to become a Healer - a self-healer. Only by experiencing life-flow from Divine Source is lasting wholeness gained.

**INVOCATION**

Beautiful Dana, in Whose waving hair many-coloured suns gleam, Whose robe is the Oceans, Who art the Divine Mother of the Tuatha de Danann of Atlantis and the Western Lands: bring us Thy joy! Bring us good health and the awareness of the beauty of all nature that is Thy veil. May we glory in life and show forth its myriad beauties in our works.

**ORACLE OF THE GODDESS DANA THROUGH HER PRIESTESS**

The humblest clod of earth has its particular jewels. For know that though the lesser cannot comprehend, but only reflect the Great: yet the Great comprehends, permeates and animates the lesser. Each snow crystal manifests its individual pattern of Deity. And this is what is meant by the immanence of the Divine Spirit.

Many of you have sought urgently to rise to the heights of Art and the Divine Sciences: yet have lost your own particular gifts during your dizzy ascent. For I am found in the laughter of daily life: in the absurd; in the casual sketch; in the ignored small talent. Despise your individual gifts; and you grow ill. True health is to be in harmony with the higher and the lower spheres; it is to blend with all degrees of consciousness. Otherwise illness and sorrow redress the balance, reminding you of that which you ignore. For the artist who sees beauty in a bowl of fruit on a kitchen table knows me as well as the scientist who penetrates the atom, and the occultist who transcends the earthly sphere.

Be original: for that which is original in you is of Deity. That which is mere repetition does not exist. Bring the Deities the gift of yourself. Do not despise your oddities. By enjoying your Originality you will learn of your Origin. And so you will know the Divine Source.

Respect the Originality in all about you, whether a particular cat with its peculiar ways, or in the drawings of a child. So will you know their true selves. And your own true self will become apparent on the earthly plane. You will know perfect health, and you will radiate health to all whose lives touch yours. Express Divinity through music and the arts and through your works, and through radiations from your rainbow-hued auras. Each aura differs from another: give us your unique gift!

*(On the altar let there be a bowl of earth, a cup of water, a candle and a phial of oil. An amulet to be magnetised for good health is placed by the oil.)*

**DEVOTEE:** May the Goddesses bring us their gifts of Good Health and Happiness!

**CHANT:** "Dana, Dana - Dana."

## INVOCATION FOR STRENGTH

We call upon thee, O Gaea, Earth Goddess, Mother of all, eldest of all beings. Thou dost feed all creatures that go upon the goodly land, and all that are in the paths of the seas, and all that fly.

*(Devotee places earth in each hand and upon each foot.)*

Holy Mother, grant us cheerfulness and strength.

*(Devotee allows earth power to come to come up through feet and the spine with glowing warmth.)*

DANCE.

## INVOCATION FOR VITALITY

### CHANT OR SING:

Divine Savitri, may we receive life from Thee as did Thy Consort:

“On Her lap His head She rested  
As She laid Him on the sword,  
Clasped Him in Her beating bosom,  
Kissed His lips with panting breath.  
On Her lap with deeper kindness  
Placed Her consort's death-like head.  
And the touch of true affection  
Thrilled Him back to waking life,  
As returned from distant regions  
Gazed the Prince upon His wife.”

*(Devotee cups hands about candle-flame and gazes into it. Power of life is felt through heart and brow and the entire aura, as golden rays.)*

**INVOCATION:** Hail to stately Aphrodite, gold-crowned and beautiful! The moist breath of the Western Wind wafted her over the waves of the loud-moaning sea in soft foam, and there the gold-filleted Hours welcomed her joyously. Oh Thou adorned with ornaments of orichalc, bring us freedom to join the lovely dances of the Deities!

*(Devotee drinks the cup of water slowly and feels the power as a brilliant shower of silver light coursing through body and aura bringing joy and the power of swift movement.)*

## INVOCATION FOR A HEALTHY MIND

May we understand the teaching of Zarathustra in his hymn: "His shall be the best part who as an Initiate proclaims the divine precepts of Integrity, of Virtue, and Immortality: for the Wise One has Dominion over his mind, which ever increases in Goodness."

## THE BLESSING OF THE AMULET

*(Devotee holds the amulet over the candle flame.)*

## INVOCATION

Oh Isis, bless this amulet that whoever uses it may feel strength and kindness. May Thy Son Kephera, the Sun Beetle, hallow this charm. He Who in the book of the Coming Forth by Day spake these words:

"I am Tem Kephera, Who brought Himself into being upon the thigh of His divine Mother. Behold, I gather together the charm from every place where it is. I sail at night in the Makhent boat of Ra, as she sailest up the Pool of Fire in the Underworld. Behold, I gather together the charm, the charm which created the forms of being from the Mother and which giveth the heat of fire unto the Gods. Behold the charm is given unto Me from wherever it is, swifter than greyhounds and quicker than a shadow".

*(Devotee places oil on the amulet, and places it over the heart.)*

## THANKSGIVING

Thanks are given to Isis for the hallowing of this amulet through the charm of Tem-Kephera, the Beetle that holds within Himself the Inner Sun. May our hearts be filled with Strength and Kindliness. May we be blessed by the Goddess Dana, Holy Mother of the Tuatha De Danann.

## MEDITATION

*(Devotee visualises a happy experience in the many coloured land of Ildathac, having read these ancient words spoken to Bran by a Faery woman.)*

"Take this branch from the apple-tree of Emhain, like those that are familiar; twigs of white silver on it, and crystal buds with flowers. There is an island far away, around which the sea-horses glisten, flowing on their white course against its shining shore; four pillars support it, shining through aeons of beauty, a lovely land through the ages of the world, on which many flowers rain down. There is a huge tree there with blossom, on which the birds call at the hours. Colours of every hue gleam throughout soft familiar fields. Without sorrow, without grief, without death, without any sickness, that is the character of the many-coloured land, Ildathac. Let Bran listen to the wisdom expounded to him. 'Do not sink upon a bed of sloth; do not let your bewilderment overwhelm you. Begin a voyage across the clear sea, to find if you may reach the Land of Joy'."

*(The devotee experiences happiness and harmony and perfect health.)*

**PRAYER:** May all beings be blessed with Harmony and Joy.

**THANKSGIVING:** Thanks are given to the Goddesses for Health and Happiness.

*(Devotee places water on his brow.)*

**SOURCES:** "Homeric Hymns", Hesiod. The Mahabharata, Everyman. The Hymns of Zarathustra. Zend-Avesta, Sacred Books of the East, Delhi. The Book the Dead (Budge). Irish Anon, 7th- 8th Century, Hurlestone-Jackson. "Communion with the Goddess", "The Vital Elements", Durdin-Robertson, Cesara.

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